

# WOMEN'S TOPS

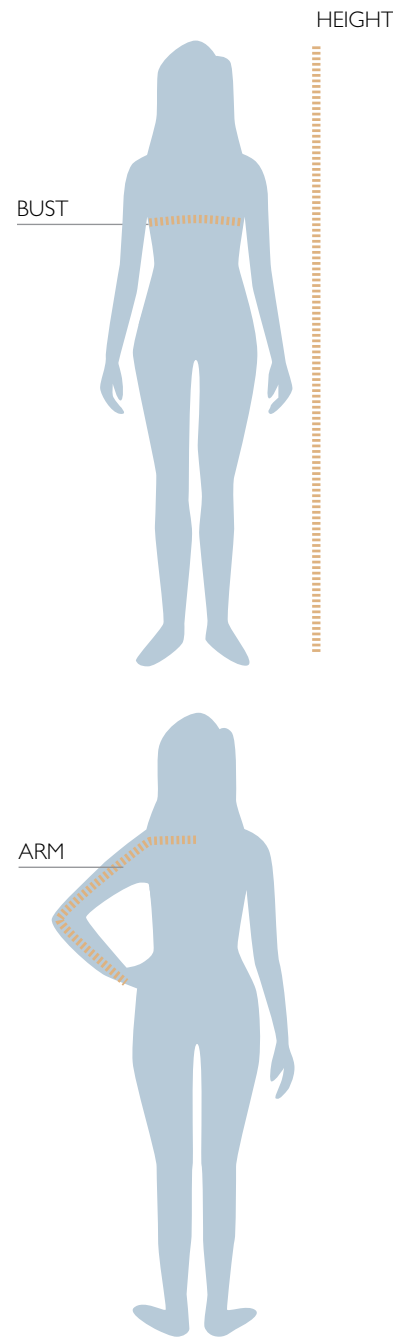
## Two easy measurements.

### BUST

Measure around the fullest part of your bust, keeping the tape parallel to the floor. (Subtract 1" if you're measuring over clothes.) Circle your size on the chart.

### ARM

Place hand on hip. Start at center-back of your neck, measure across the shoulder to the elbow and down to the wrist. Circle your size below.



## Keep it in proportion.

Your torso and arm length are critical to a great shirt fit. Regular is designed to fit an average woman 5'4"-5'7" tall. If your torso or arms are longer or shorter, check out the options below.

**PETITE** is proportioned smaller, scaled down in shoulder width. Body length decreases 1-1/2" and sleeve length decreases 1" from our Regular fit.

**TALL** accommodates long torsos. Body length increases 1-1/2" and sleeve length increases 1" from our Regular fit.

**PLUS** is proportioned to flatter full-figured women of Regular torso and sleeve length. Compared to our Size 16, Size 16W is 2" larger in the bust, waist and hip. Arm girths are larger. Shoulder widths are shorter.

**petite 4'-11" to 5'-3"**      **regular 5'-4" and taller**      **plus 18W - 34W**

	XX-small		X-small		small		medium		large		X-large		1X		2X		3X		4X		5X	
size	00	0	2	4	6	8	10	12	14	16	18	20	16W	18W	20W	22W	24W	26W	28W	30W	32W	34W
bust/ chest	31	32	33	34	35	36	37	38½	40	41½	43½	45½	43	45	47	49	51	53	55	57	59	61
arm (petite)	27½	28	28¾	28¾	29½	29½	29¾	30¼	30¾	31	31¾	31¾	30¾	30¾	31	31¾	31¾	31¾	-	-	-	-
arm (reg.)	28¾	29	29¾	29¾	30¾	30¾	30¾	31¼	31¾	32	32¾	32¾	-	-	-	-	-	-	-	-	-	-
arm (tall)	-	-	30¾	30¾	31¾	31¾	31¾	32¼	32¾	33	33¾	33¾	-	-	-	-	-	-	-	-	-	-
arm (plus)	-	-	-	-	-	-	-	-	-	-	-	-	31¾	32¾	32½	32½	33¾	33¾	33¾	33¾	34¾	34¾

Note: not all fits will be available in every size or range

get the  
**right fit**  
for women

**LANDS' END**  
BUSINESS OUTFITTERS

## Six steps to a perfect fit.

1. Read through this fit guide once or twice before starting.
2. Measure even if you think you already know your size.
3. For accurate measurement, ask a friend to measure you.
4. Remove heavy or bulky layers.
5. Measure as close to body as possible (pull the tape measure tight).
6. If you have to measure over your clothes, subtract 1" from your chest, waist and hip measurements.

## WOMEN'S PANTS

### Measuring is the key to a great fit.

#### WAIST

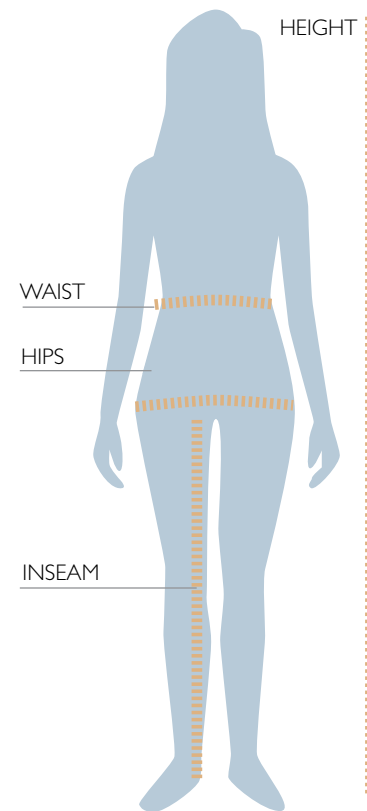
Remove your belt and bend to your side. Where your body curves is your natural waist. Measure here even if you wear your pants lower. (Subtract 1" if you're measuring over clothes.) Circle your size in the chart.

#### HIPS

Stand with your feet shoulder width apart. Measure the fullest part of your hip/thigh area. (Subtract 1" if you're measuring over clothes.) Circle your size on the chart.

#### INSEAM

Start at the crotch and measure down the inside leg seam of your pants to the hem. Or measure a pair of pants you already own from the crotch seam to the bottom of the pants, along the inside leg seam. Write it down.



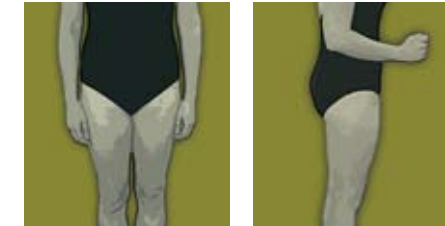
## Get the right shape.

### straight

If your hips are bigger than your waist by less than 10"

OR if your current pants:

- sag in the back because of a flat bottom
- fit too tight in the waist
- are snug across the tummy



### curvy

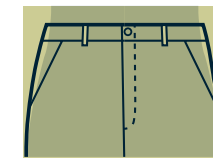
If your hips are bigger than your waist by 10" or more

OR if your current pants:

- gap at the back waist when standing
- pull down when sitting
- fit too tight in the thigh



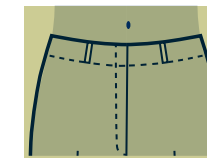
### waist heights



#### Traditional Straight

Pants sit at your natural waist

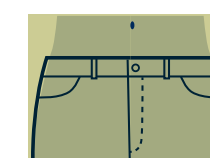
- regular
- petite
- plus



#### Classic Straight

Pants sit slightly below your waist

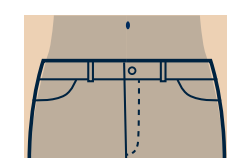
- regular
- petite
- plus



#### Modern Straight

Pants sit below your waist

- regular
- petite
- plus



#### Modern Curvy

Pants sit below your waist

- regular
- petite

## COMMON QUESTIONS

Q. What if my waist size is 1 or 2 sizes bigger than my hip size?

A. Order the middle size in a Straight fit. (Ex. 12 waist & 8 hip, order Size 10 Straight)

Q. What if my waist size is 2 or more sizes bigger than my hip size?

A. Select your size based on your hip measurement. Order a Traditional elastic-waist style if available.

Q. What if my hip size is 2 sizes bigger than my waist size?

A. Order the middle size in a Curvy fit. (Ex. 18 hip & 14 waist, order Size 16 Curvy)

Q. Do you have Maternity clothes?

A. Yes! We're pleased to offer our Maternity options online. Just order your pre-pregnancy size.

petite 4'-11" to 5'-3"			regular 5'-4" and taller											plus 18W - 34W							
Women's Bottoms - Size Chart																					
	XX-small	X-small	small	medium	large	X-large	1X	2X	3X	4X	5X										
size	00	0	2	4	6	8	10	12	14	16	18	20	18W	20W	22W	24W	26W	28W	30W	32W	34W
waist	24 to 25	25 to 26	26 to 27	27 to 28	28 to 29	29 to 30	30 to 31	31½ to 32½	33 to 34	34½ to 36	36½ to 38½	39 to 41	39 to 40	41 to 42	43 to 44	45 to 46	47 to 48	49 to 50½	51½ to 52½	53½ to 54½	55½ to 56½
low hip	34	35	36	37	38	39	40	41½	43	44½	46½	48½	48	50	52	54	56	58½	60	61½	63

Note: not all fits will be available in every size or range

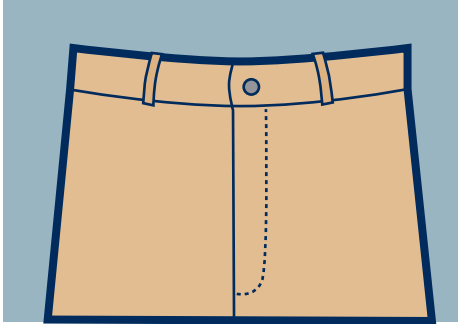
Get the comfort you prefer.

Polos:

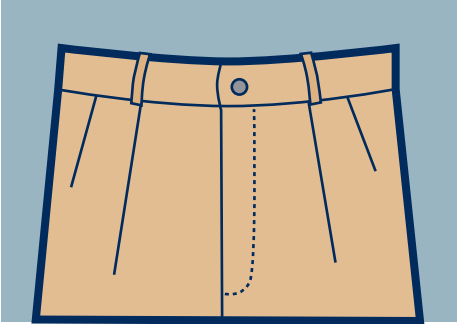
CLASSIC FIT is roomy through the chest and shoulders, cut straight through the body  
GOLF FIT is cut wider across the chest and shoulders, with slightly roomier sleeves

Pants: plain or pleated?

PLAIN-FRONT TROUSERS have a clean front and usually have a slightly trimmer fit.  
PLEATED TROUSERS have double front pleats and fit that's a bit roomier (but never sloppy)



PLAIN FRONT PANTS



PLEATED PANTS

get the  
**right fit**  
for men

## Six steps to a great fit.

1. Read through this guide once or twice before starting.
2. Measure even if you think you already know your size.
3. For more accurate measurements, ask a friend to measure you.
4. Remove heavy or bulky layers.
5. Measure as close to body as possible (pull the tape measure tight).
6. If you have to measure over your clothes, subtract 1" from your chest, waist and hip measurements.

## Key measurements for jackets and shirts.

### NECK

Measure around the lowest point of the neck. Circle your size on the chart below.

### OVERARM

If this measurement is 7 or more inches larger than your chest measurement, order the next larger size sportcoat to avoid binding in the upper arm and shoulder area.

### CHEST

Measure around the fullest part of your chest, keeping tape parallel to the floor. (Subtract 1" if you're measuring over clothes.) Circle your size on the chart.

### ARM

Place hand on hip. Start at center-back of your neck, measure across the shoulder to the elbow and down to the wrist. Circle your size on the chart.

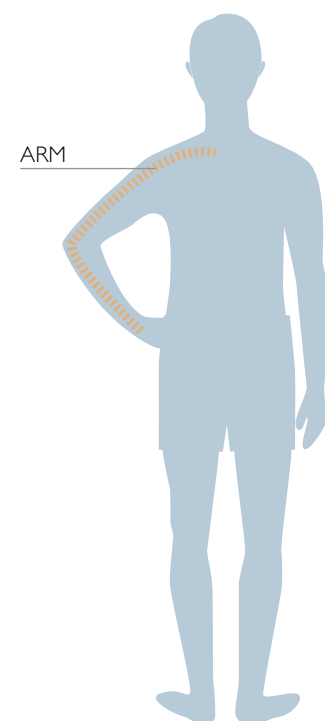
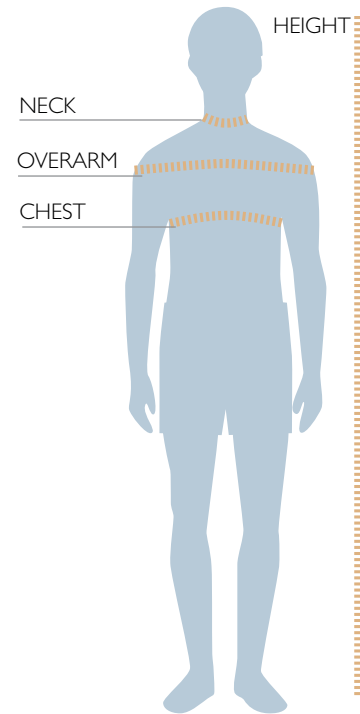
## Keep it in proportion.

**REGULAR** describes a well-proportioned body 5'8" – 6'0" tall, with hips and chest of roughly equal girth.

**TALL** describes a body 6'1" – 6'3" tall, with a long torso or sleeve length. Body length of shirts is 2" longer than Regular. Coat sleeve and body length is 1-1/2" longer.

**SHORT** describes a body of 5'3" – 5'7", with a short torso or sleeve length. The garment body is 2" shorter and sleeves are 1-1/2" shorter than Regular.

**BIG** describes a body of 5'8" — 6'0" with a less athletic profile. Pockets and other details increase in size for a pleasing proportion.



## Key measurements for pants

### WAIST

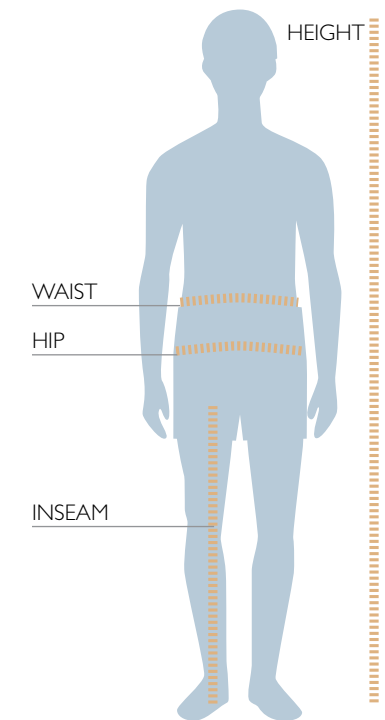
Remove your belt and bend to your side. Where your body curves is your natural waist. Measure here even if you wear your pants lower. (Subtract 1" if you're measuring over clothes.) Circle your size on the chart.

### HIPS

Stand with your heels together, and measure around the fullest part of your hips, keeping the tape parallel to the floor.

### LENGTH (INSEAM)

Start at the crotch and measure down the inside leg seam of your pants to the hem. Or measure a pair of pants you already own from the crotch seam to the bottom of the pants, along the inside leg seam. Write the inseam down.



## Pants proportions

### REGULAR, SHORT OR LONG RISE?

Rise is the distance from front waist to back waist through the crotch. Choose **LONG RISE** if you are 6'1" or taller; high-waisted, or want more "depth." Choose **SHORT RISE** if you are 5'7" or under.

regular/big 5'- 8" to 6'- 0"/tall/big & tall 6'-1" to 6'-3"

Men's - Size Chart		small		medium		large		X-large		XX-large		2XL		3XL		4XL		5XL	
neck		14	14½	15	15½	16	16½	17	17½	18	18½	18	18½	19	19½	20	20½	21	21½
chest		34	36	38	40	42	44	46	48	50	52	50	52	54	56	58	60	62	64
arm (reg.)		32½	33	33½	34	34½	35	35½	36	36½	36½	35	35½	36	36½	37	37½	38	38½
arm (tall)		34	34½	35	35½	36	36½	37	37½	38	38	36½	37	37½	38	38½	39	39½	40
waist (reg.)		28	30	32	34	36	38	40	42	44	46	48	48	50	52	54	56	58	60
hips		34	36	38	40	42	44	45½	47	48½	50	51¾		53½	54¾	55¾	55¾	56¼	56¾

Note: not all fits will be available in every size or range